

I make a commitment to strive for positivity in my life for the next 40 days. I will practice being kind to others as well as to myself.

Forty Days of Positive Actions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			March 1	2	3	4
March 5	6	7	8	9	10	11
Be Safe						
March 12	13	14	15	16	17	18
Act with Integrity						
March 19	20	21	22	23	24	25
Be Kind						
March 26	27	28	29	30	31	April 1
Respond with Empathy						
April 2	3	4	5	6	7	8
Show Gratitude						
April 9	10	11		13	14	15
Aim for Impact						